

# Monster Phonics Sound Actions

Reception			
Grapheme	How to say the sound	Action	Sound Cue
s	Touch the back of your teeth with your tongue, keep teeth tightly closed, smile and blow.	Weave hand in an s shape like a seahorse. Say s s s.	s s seahorse
a	With your mouth open and tongue low and to the front, make a sound.	Use two fingers to walk across the back of your hand like ants crawling. Say a a a.	a a ant
t	Keep your mouth closed and touch the back of your teeth with your tongue as you make a sound.	Stand up tall, reach your arms out either side like a tree. Say t t t.	t t tree
p	Bring both lips together. Force air through to open the lips.	Trot your hands up and down like a pony. Say p p p.	p p pony
i	Put your tongue high in your mouth, smile and make a noise.	Walk two fingers up the palm of your hand and point to the tip of the middle finger. Like an iguana crawling up and catching a fly. Say i i i.	i i iguana
n	Push your tongue up to the roof of your mouth and make a sound.	Weave one finger across like a needle. Say n n n.	n n needle
m	Press your lips together make a sound. M is a nasal sound.	Wave your arms like a magnificent moth. Say m m m.	m m moth



d	Place your tongue behind your upper teeth, force sound out of the mouth as you move away your tongue.	Hold your hands up like claws and walk like a dinosaur. Say d d d.	d d dinosaur
g	Touch the top of your mouth with your tongue and make a noise.	Use two fingers to pick some grapes. Say g g g.	g g grape
o	Round your mouth and make a sound.	Make round glasses with your hands like you are peeking inside the shell to see the octopus. Say o o o.	o o octopus
c	Open your mouth, push the back of your tongue up and force out a sound.	Make letter c shaped cat ears with your hands. Say c c c.	c c cat
k	Open your mouth, push the back of your tongue up and force out a sound.	Hold one arm and leg still and kick the other leg and arm out to the side like a koala. Say k k k.	k k koala
ck	Open your mouth, push the back of your tongue up and force out a sound.	Make one c shaped cat ear and kick the other arm and leg out to the side like a koala. Say ck ck ck.	ck ck kick
e	Put your tongue in the middle of your mouth. With your mouth open make a sound.	Pretend to be a baby pointing at an elephant. Say e e e.	e e elephant



u	Open your mouth and keep your tongue high and at the back.	Swoop your hand under like an Umbrellabird flying. Say u u u.	u u Umbrellabird
r	Bite lip, make a sound and open the mouth at the same time.	Shoot one arm up and over your head like a rocket. Say r r r.	r r rocket
h	mouth open, tongue down, make a voiceless sound.	Pretend to stroke a soft hen. Say h h h.	h h hen
b	Press your lips together and force out a sound.	Wave your hands like bunny ears above your head. Say b b b.	b b bunny
f	Bite your lip, allowing some air to pass through saying f f f.	Hold your hands together and weave them forward like a fish. Say f f f.	f f fish
ff	Bite your lip, allowing some air to pass through saying ff ff ff.	Hold your hands apart and weave two hands forward like a puffer fish. Say ff ff ff.	ff ff puffer fish
l	Touch behind the top teeth with your tongue and make a sound.	Pretend to lick a lollipop. Say l l l.	l l lolly
ll	Touch behind the top teeth with your tongue and make a sound.	Pretend to lick two lollipops. Say ll ll ll.	ll ll lollies



<b>SS</b>	Touch the back of your teeth with your tongue, keep teeth tightly closed, smile and blow.	Weave two hands in an s shape like two seahorses in a glass. Say ss ss ss.	ss ss glass
<b>j</b>	Place your tongue lightly against the roof of your mouth, just behind your top teeth. Keep your lips relaxed and slightly open. Force out a sound as your tongue drops.	Wiggle your arms like a jellyfish. Say j j j.	j j jellyfish
<b>W</b>	Round your lips and make a sound.	Wave your hand across like a wave. Say w w w.	w w wave
<b>V</b>	Place your top teeth gently on your bottom lip. Push air out while vibrating your vocal cords.	Pretend to be holding the steering wheel of a van. Say v v v.	v v van
<b>X</b>	Push your tongue up to the back of your mouth. Force through air as the tongue drops.	Pretend to mix in a bowl. Say x x x (ks, ks, ks).	x x mix
<b>y</b>	Touch the base of your mouth with your tongue and make a sound.	Make a peak with your hands like a yacht. Say y y y.	y y yacht
<b>Z</b>	Smile, keep teeth closed, push tongue behind the teeth and force air through.	Zigzag your hand sharply like lightning. Say z z z.	z z zap
<b>ZZ</b>	Smile, keep teeth closed, push tongue behind the teeth and force air through.	Zigzag two hands sharply like lightning. Say zz zz zz.	zz zz fizz



qu	Round your mouth, put your tongue to the top and back of your mouth. Force out a sound as you drop your tongue, keeping your lips rounded.	Place a crown on your head like a queen. Say qu qu qu.	qu qu queen
ch	Put your teeth together. Push your tongue to the top of your mouth. Push lips together to pucker. Force out air as your tongue drops.	Pretend to chop one hand onto the other. Say ch ch ch.	ch ch chop
sh	Put your teeth together and your tongue down. Push your lips to pucker and force air through the teeth.	Pretend to tell the baby to go to sleep. Say sh sh sh.	sh sh shush
th	Stick your tongue out between your teeth and force air through your teeth.	Stick out your tongue as far as you can to make the th sound. Hold a thumb up. Say th th thumb!	th th thumb
th(v)	Stick your tongue out between your teeth and make a sound. Feel your tongue vibrate.	Stick your tongue out and make the th (v) sound. Point forward. Say th th there!	th th there
ng	Raise the back of the tongue up and make a sound.	Put your hands on your hips. Say ng ng 'King'. Stress the ng at the end.	ng ng king



oo	Round your lips tightly, like you're blowing a kiss. Keep your tongue flat and relaxed inside your mouth.	Make a round mouth and show by circling with your finger without touching. Say oo oo oo.	zoom to the moon
ar	Open your mouth wide. Pull your tongue back slightly and let the sound drop at the end.	Pretend to wave a paintbrush in the air. Say ar ar ar.	a star in a jar
oo	Round your lips, but not as tightly as for the long oo sound. Relax your tongue inside your mouth.	Pretend to wave a paintbrush in the air. Say oo oo oo.	look at books
ow	Start with your mouth open and your lips rounded slightly. Make a quick 'ow' sound, as if you've been pricked.	Lift your finger quickly as though you have pricked it. Say ow ow ow.	how now brown cow
ee	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say ee ee ee.	sheep in a jeep
ur	Round your lips slightly and make a 'ur' sound, curling your tongue upward.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand. Say ur ur ur.	turn and curl
ai	Start with your mouth open and your tongue low. As you make the sound, move the back of your tongue up toward the roof of your mouth.	Grip your hands, look angry. Say ai ai ai.	a train in the rain



or	Round your mouth and make a long or sound.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand. Say or or or.	corn on a fork
oa	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out. Say oa oa oa.	a goat in a boat
er	Make a short er sound with your mouth slightly open.	Pretend to wave a paintbrush in the air. Say er er er.	a bigger digger
igh	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye. Say igh igh igh.	a light at night
air	Open your mouth slightly and spread your lips. Keep your tongue flat and in the middle of your mouth.	Pretend to wave a paintbrush in the air. Say air air air.	a pair of chairs
oi	Start with your mouth open, lips slightly rounded.	Pretend to wave a paintbrush in the air. Say oi oi oi.	a coin in the soil
ear	Start with your lips slightly spread in a smile.	Pretend to wave a paintbrush in the air. Say ear ear ear.	hear with your ear
ure	Open your mouth slightly. Keep your tongue relaxed and towards the middle of your mouth.	Pretend to wave a paintbrush in the air. Say ure ure ure.	a sure cure

Shhh!



# Monster Phonics Sound Actions

Year 1			
Grapheme	How to say the sound	Action	Sound Cue
<b>ff</b>	Bite your lip, allowing some air to pass through saying ff ff ff.	Hold your hands apart and weave two hands forward like a puffer fish. Say ff ff ff.	ff ff puffer fish
<b>ll</b>	Touch behind the top teeth with your tongue and make a sound.	Pretend to lick two lollipops. Say ll ll ll.	ll ll lollies
<b>ss</b>	Touch the back of your teeth with your tongue, keep teeth tightly closed, smile and blow.	Weave two hands in an s shape like two seahorses in a glass. Say ss ss ss.	ss ss glass
<b>zz</b>	Smile, keep teeth closed, push tongue behind the teeth and force air through.	Zigzag two hands sharply like lightning. Say zz zz zz.	zz zz fizz
<b>nk</b>	Push the back of your tongue up to the roof of your mouth.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand. Say nk nk nk.	wink and blink
<b>ck</b>	Keep your tongue low. Open your mouth and force out a sound.	Make one c shaped cat ear and kick the other arm and leg out to the side like a koala. Say ck ck ck.	ck ck kick
<b>tch</b>	Put your teeth together. Push your tongue to the top of your mouth. Push lips together to pucker. Force out air as your tongue drops.	Put your fingers to your lips, silent letters make no sound. Say tch tch tch.	stretch, itch and scratch



ve	Place your top teeth gently on your bottom lip. Push air out while vibrating your vocal cords.	Put your fingers to your lips, silent letters make no sound. Say ve ve ve.	I love to give
ai	Start with your mouth open and your tongue low. As you make the sound, move the back of your tongue up toward the roof of your mouth.	Grip your hands, look angry. Say ai ai ai.	a train in the rain
oi	Start with your mouth open, lips slightly rounded.	Pretend to wave a paintbrush in the air. Say oi oi oi.	a coin in the soil
ay	Start with your mouth open and your tongue low. As you make the sound, move the back of your tongue up toward the roof of your mouth.	Grip your hands, look angry. Say ay ay ay.	stay and play
oy	Start with your mouth open, lips slightly rounded.	Pretend to wave a paintbrush in the air. Say oy oy oy.	enjoy the toy
a-e	Start with your mouth open and your tongue low. As you make the sound, move the back of your tongue up toward the roof of your mouth.	Grip your hands, look angry. Say a-e.	bake a cake
e-e	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say e-e.	compete to complete



i-e	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye. Say i-e.	smile nice and wide
o-e	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out. Say o-e.	smell a rose with your nose
u-e	Round your lips tightly, like you're blowing a kiss. Keep your tongue flat and relaxed inside your mouth.	Make a round mouth and show by circling with your finger without touching. Say u-e.	include all the rules
u-e	Keep your tongue high and towards the back of your mouth. Then round your lips.	Point forward. Say u-e.	don't confuse tubes and cubes
ar	Open your mouth wide. Pull your tongue back slightly and let the sound drop at the end.	Pretend to wave a paintbrush in the air. Say ar ar ar.	a star in a jar
ee	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say ee ee ee.	sheep in a jeep
ea	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say ea ea ea.	eat treats on the beach



e@	Put your tongue in the middle of your mouth. With your mouth open make a sound.	Put your fingers to your lips, silent letters make no sound. Say e@ e@ e@.	spread on the bread
er	Round your lips slightly curling your tongue upward.	Pretend to wave a paintbrush in the air. Say er er er.	a bigger digger
ir	Round your lips slightly curling your tongue upward.	Pretend to wave a paintbrush in the air. Say ir ir ir.	girl in a skirt
ur	Round your lips slightly curling your tongue upward.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand. Say ur ur ur.	turn and curl
oo	Round your lips tightly, like you're blowing a kiss. Keep your tongue flat and relaxed inside your mouth.	Make a round mouth and show by circling with your finger without touching. Say oo oo oo.	zoom to the moon
oo	Round your lips, but not as tightly as for the long oo sound. Relax your tongue inside your mouth.	Pretend to wave a paintbrush in the air. Say oo oo oo.	look at books
oa	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out. Say oa oa oa.	a goat in a boat
oe	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out. Say oe oe oe.	tomatoes and potatoe



<b>ou</b>	Start with your mouth open and your lips rounded slightly. Make a quick 'ow' sound, as if you've been pricked.	Lift your finger quickly as though you have pricked it. Say <b>ou ou ou</b> .	shout out <b>loud</b>
<b>ow</b>	Start with your mouth open and your lips rounded slightly. Make a quick 'ow' sound, as if you've been pricked.	Lift your finger quickly as though you have pricked it. Say <b>ow ow ow</b> .	how now brown cow
<b>ow</b>	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out. Say <b>ow ow ow</b> .	yellow bows in rows
<b>ue</b>	Round your lips tightly, like you're blowing a kiss. Keep your tongue flat and relaxed inside your mouth.	Make a round mouth and show by circling with your finger without touching. Say <b>ue ue ue</b> .	blue glue
<b>ue</b>	Keep your tongue high and towards the back of your mouth. Then round your lips.	Point forward. Say <b>ue ue ue</b> .	rescue the tissue
<b>ew</b>	Round your lips tightly, like you're blowing a kiss. Keep your tongue flat and relaxed inside your mouth.	Make a round mouth and show by circling with your finger without touching. Say <b>ew ew ew</b> .	he drew a screw
<b>ew</b>	Keep your tongue high and towards the back of your mouth. Then round your lips.	Point forward. Say <b>ew ew ew</b> .	a new stew



ie	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye. Say ie ie ie.	tie the pie
ie	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say ie ie ie.	a shield in a field
igh	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye. Say igh igh igh.	a light at night
or	Round your mouth and make a long or sound.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand. Say or or or.	corn on a fork
or <sup>e</sup>	Round your mouth and make a long or sound.	Put your fingers to your lips, silent letters make no sound. Say ore ore ore.	score more
aw	Round your mouth and say a long aw sound.	Pretend to wave a paintbrush in the air. Say aw aw aw.	a paw and claw
au	Round your mouth and say a long au sound.	Pretend to wave a paintbrush in the air. Say au au au.	a naughty dinosaur
air	Open your mouth slightly and spread your lips.  Keep your tongue flat and in the middle of your mouth.	Pretend to wave a paintbrush in the air. Say air air air.	a pair of chairs



ear	Start with your lips slightly spread into a smile. Keep your tongue high and close to the roof of your mouth.	Pretend to wave a paintbrush in the air. Say ear ear ear.	hear with your ear
ear	Start with your lips slightly spread into a smile. Keep your tongue high and close to the roof of your mouth.	Pretend to wave a paintbrush in the air. Say ear ear ear. (air)	a bear with a pear
are	Open your mouth slightly. Keep your tongue flat and relaxed in the middle of your mouth.	Pretend to wave a paintbrush in the air. Say are are are.	we share and care
y	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say y y y.	a happy puppy
ph	Place your top teeth gently on your bottom lip, just like for the f sound.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand. Say ph ph ph.	a dolphin on the phone
wh	Round your lips and make a sound.	Put your fingers to your lips, silent letters make no sound. Say wh wh wh	white wheels
e	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say e e e.	she emails
o	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out. Say o o o.	a disco robot



# Monster Phonics Sound Actions

Year 2			
Grapheme	How to say the sound	Action	Sound Cue
dge	Place your tongue lightly against the roof of your mouth, just behind your top teeth. Keep your lips relaxed and slightly open. Force out a sound as your tongue drops.	Pretend to wave a paintbrush in the air. Say dge dge dge.	sledge on a bridge
g	Place your tongue lightly against the roof of your mouth, just behind your top teeth. Keep your lips relaxed and slightly open. Force out a sound as your tongue drops.	Pretend to wave a paintbrush in the air. Say g g g.	a gentle giraffe
c	Touch the back of your teeth with your tongue, keep teeth tightly closed, smile and blow.	Pretend to wave a paintbrush in the air. Say c c c.	mice eating rice
kn	Push your tongue up to the roof of your mouth and make a sound.	Put your fingers to your lips, silent letters make no sound. Say kn kn kn.	knock your knees
gn	Push your tongue up to the roof of your mouth and make a sound.	Put your fingers to your lips, silent letters make no sound. Say gn gn gn.	gnaw and gnash
wr	Bite lip, make a sound and open the mouth at the same time.	Put your fingers to your lips, silent letters make no sound. Say wr wr wr.	wrap and write
le	Touch behind the top teeth with your tongue and make a sound.	Pretend to wave a paintbrush in the air. Say le le le.	apple in a bottle



il	Touch behind the top teeth with your tongue and make a sound.	Pretend to wave a paintbrush in the air. Say il il il.	draw a fossil with a pencil
el	Touch behind the top teeth with your tongue and make a sound.	Pretend to wave a paintbrush in the air. Say el el el.	travel through a tunnel
al	Touch behind the top teeth with your tongue and make a sound.	Pretend to wave a paintbrush in the air. Say al al al.	win a metal medal
y	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye. Say y y y.	fly in the sky
al (or)	Round your mouth and make a long or sound.	Pretend to wave a paintbrush in the air. Say al al al. (or)	a small ball
o (u)	Open your mouth and keep your tongue high and at the back.	Pretend to wave a paintbrush in the air. Say o o o. (u)	an oven glove
ey	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger. Say ey ey ey.	a monkey with a key
W-a (o)	Round your mouth and make a sound.	Pretend to wave a paintbrush in the air. Say w-a w-a w-a. (o)	a wasp on a swan



<b>W-or</b> (er)	Round your lips slightly curling your tongue upward.	Pretend to wave a paintbrush in the air. Say w-or w-or w-or. (er)	worms work hard
<b>W-ar</b> (or)	Round your mouth and make a long or sound.	Pretend to wave a paintbrush in the air. Say w-ar w-ar w-ar. (or)	win an award as a reward
<b>S</b> (zsh)	Put your teeth close together but not touching. Place your tongue flat and slightly raised toward the roof of your mouth, but not touching it. Round your lips slightly.	Pretend to wave a paintbrush in the air. Say s s s. (zsh)	measure the treasure
<b>ti</b> (sh)	Put your teeth together and your tongue down. Push your lips to pucker and force air through the teeth.	Pretend to wave a paintbrush in the air. Say ti ti ti. (sh)	commotion at the station
<b>i</b>	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye. Say i i i.	look behind and find a tiger

Shhh!



# Monster Phonics Sound Actions

Long Vowels			
Sound	Monster	Action	Sound Cue
Long A	Angry Red A	Grip your hands, look angry and say 'A, A, A!'	Angry Red A says A, A, A!
Long E	Green Froggy	Smile and stretch your lips. Use your hand to make a frog mouth shape with your thumb and forefinger.	Green Froggy, smiley face Eeeee!
Long I	Yellow I	Point to your eye.	Yellow I, eye!
Long O	Miss Oh No	Look surprised and put your hands out.	Miss Oh no! Oh!
Long U	U-Hoo	Point forward.	You!
Long oo	Cool Blue	Make a round mouth and show by circling with your finger without touching.	Oooh
Long ow	Brown Owl	Lift your finger quickly as though you have pricked it.	Ow!
Silent Letters	Silent Monsters	Put your fingers to your lips, silent letters make no sound.	
Tricky Letters	Tricky	Pretend to wave a paintbrush in the air.	Tricky's paintbrush.
Phonetic graphemes	Black Cats	Use 2 fingers on one hand to make a walking action over the open palm on the other hand.	Black cats walking.

